

## PRELIMINARY SCHEDULE P-21 (2020-2021)

### **P-21.01 Vertical 8 with $\frac{1}{2}$ roll, $\frac{1}{2}$ roll**

From inverted, perform a  $\frac{1}{2}$  roll ending in the centre, push through a loop, pull through a loop, perform a  $\frac{1}{2}$  roll starting in the centre, exit inverted.

### **P-21.02 Stall Turn with consecutive two $\frac{1}{4}$ rolls**

From inverted, push through a  $\frac{1}{4}$  loop into a vertical upline, perform a stall turn into a vertical downline, perform consecutively two  $\frac{1}{4}$  rolls, pull through a  $\frac{1}{4}$  loop, exit upright.

### **P-21.03 Square Loop on Corner with $\frac{1}{2}$ roll, $\frac{1}{2}$ roll**

From upright, pull through a  $\frac{1}{8}$  loop into a  $45^\circ$  upline, pull through a  $\frac{1}{4}$  loop into a  $45^\circ$  upline, perform a  $\frac{1}{2}$  roll, push through a  $\frac{1}{4}$  loop into a  $45^\circ$  downline, push through a  $\frac{1}{4}$  loop into a  $45^\circ$  downline, perform a  $\frac{1}{2}$  roll, pull through a  $\frac{1}{8}$  loop, exit upright.

### **P-21.04 Figure 9 with consecutive two $\frac{1}{2}$ rolls in opposite directions**

From upright, pull through a  $\frac{1}{4}$  loop into a vertical upline, perform consecutively two  $\frac{1}{2}$  rolls, in opposite directions, push through a  $\frac{3}{4}$  loop, exit inverted.

### **P-21.05 Knife-Edge flight with consecutive $\frac{1}{4}$ , $\frac{1}{2}$ roll in opposite directions, consecutive $\frac{1}{2}$ , $\frac{1}{4}$ roll in opposite directions**

From inverted, perform consecutively a  $\frac{1}{4}$  roll and a  $\frac{1}{2}$  roll in opposite directions, perform a knife-edge flight, perform consecutively a  $\frac{1}{2}$  roll and a  $\frac{1}{4}$  roll in opposite directions exit upright.

### **P-21.06 Inverted Split S with consecutive two $\frac{1}{2}$ rolls**

From upright, push through a  $\frac{1}{2}$  loop, perform consecutively two  $\frac{1}{2}$  rolls, exit inverted.

### **P-21.07 Golf Ball with $\frac{1}{2}$ roll integrated**

From inverted push through a  $\frac{1}{8}$  loop into a  $45^\circ$  upline, push through a  $\frac{3}{4}$  loop into a  $45^\circ$  downline, while performing a  $\frac{1}{2}$  roll integrated in the top  $180^\circ$ , pull through a  $\frac{1}{8}$  loop, exit upright.

### **P-21.08 Shark Fin with consecutive two $\frac{1}{4}$ rolls**

From upright, pull through a  $\frac{1}{4}$  loop into a vertical upline, pull through a  $\frac{3}{8}$  loop into a  $45^\circ$  downline, perform consecutively two  $\frac{1}{4}$  rolls, pull through a  $\frac{1}{8}$  loop, exit upright.

### **P-21.09 Double Immelman with $\frac{1}{2}$ roll, consecutive four $\frac{1}{8}$ rolls, $\frac{1}{2}$ roll**

From upright perform a  $\frac{1}{2}$  roll, push through a  $\frac{1}{2}$  loop, perform consecutively four  $\frac{1}{8}$  rolls, pull through a  $\frac{1}{2}$  loop, perform a  $\frac{1}{2}$  roll, exit inverted.

### **P-21.10 Push-Push-Push Humpty-Bump with $\frac{1}{2}$ roll (Option: with $\frac{3}{4}$ roll, $\frac{1}{4}$ roll)**

From inverted, push through a  $\frac{1}{4}$  loop into a vertical upline, perform a  $\frac{1}{2}$  roll, push through a  $\frac{1}{2}$  loop into a vertical downline, push through a  $\frac{1}{4}$  loop, exit inverted.

Option: From inverted, push through a  $\frac{1}{4}$  loop into a vertical upline, perform a  $\frac{3}{4}$  roll, push through a  $\frac{1}{2}$  loop into a vertical downline, perform a  $\frac{1}{4}$  roll, push through a  $\frac{1}{4}$  loop, exit inverted.

### **P-21.11 Roll Combination with consecutive $\frac{1}{2}$ roll, roll, $\frac{1}{2}$ roll in opposite directions**

From inverted, perform consecutively a  $\frac{1}{2}$  roll, roll,  $\frac{1}{2}$  roll in opposite directions, exit inverted.

### **P-21.12 Top Hat with $\frac{1}{2}$ roll, inverted spin (Option: with $\frac{1}{4}$ roll, $\frac{1}{4}$ roll)**

From inverted, push through a  $\frac{1}{4}$  loop into a vertical upline, perform a  $\frac{1}{2}$  roll, pull through a  $\frac{1}{4}$  loop into a horizontal line, perform a spin with  $2\frac{1}{2}$  turns into a vertical downline, pull through a  $\frac{1}{4}$  loop, exit upright.

Option: From inverted push through a  $\frac{1}{4}$  loop into a vertical upline, perform a  $\frac{1}{4}$  roll, pull through a  $\frac{1}{4}$  loop into a horizontal line, perform a spin with  $2\frac{1}{2}$  turns into a vertical downline, perform a  $\frac{1}{4}$  roll, pull through a  $\frac{1}{4}$  loop, exit upright.

### **P-21.13 Figure Z with roll**

From upright, pull through a  $\frac{3}{8}$  loop into a  $45^\circ$  upline, perform a roll, push through a  $\frac{3}{8}$  loop, exit upright

### **P-21.14 Comet with consecutive two $\frac{1}{4}$ rolls in opposite directions, $\frac{1}{2}$ roll**

From upright, push through a  $\frac{1}{8}$  loop into a  $45^\circ$  downline, perform consecutively two  $\frac{1}{4}$  rolls in opposite directions, pull through a  $\frac{3}{4}$  loop into a  $45^\circ$  downline, perform a  $\frac{1}{2}$  roll, pull through a  $\frac{1}{8}$  loop, exit upright.

### **P-21.15 Roll Combination with consecutive four $\frac{1}{4}$ rolls**

From upright perform consecutively four  $\frac{1}{4}$  rolls, exit upright.

### **P-21.16 Half Square Loop on Corner with $\frac{1}{4}$ roll, $\frac{1}{4}$ roll**

From upright, pull through a  $\frac{1}{8}$  loop into a  $45^\circ$  upline, perform a  $\frac{1}{4}$  roll, perform a  $\frac{1}{4}$  knife-edge loop into a  $45^\circ$  upline, perform a  $\frac{1}{4}$  roll, pull through a  $\frac{1}{8}$  loop, exit inverted.

### **P-21.17 Avalanche**

From inverted pull through a loop while performing a snap roll in the low centre, exit inverted.